

MALMESBURY PRIMARY SCHOOL

Newsletter: 9th February 2024



Dear parents, carers

This weekend marks the start of Lunar New Year. It is one of the biggest festivals of the year for many East and South East Asian people and will be marked by communities all over the world. We celebrated in school with a fabulous Lunar New Year themed lunch menu - lots of children tried Bao buns for the first time. Thank you to Kim, our cook, and her team. It is always great to try new things!

There are some brilliant videos where you can learn more about how this festival is celebrated:

<https://www.bbc.co.uk/cbeebies/curations/chinese-lunar-new-year> and
<https://www.bbc.co.uk/newsround/38668427>

We wish our families and colleagues who are celebrating a happy and prosperous new year! We look forward to hearing about your celebrations.



Our PRIDE value...

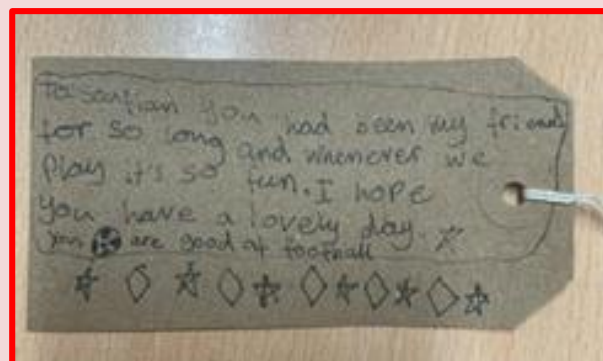
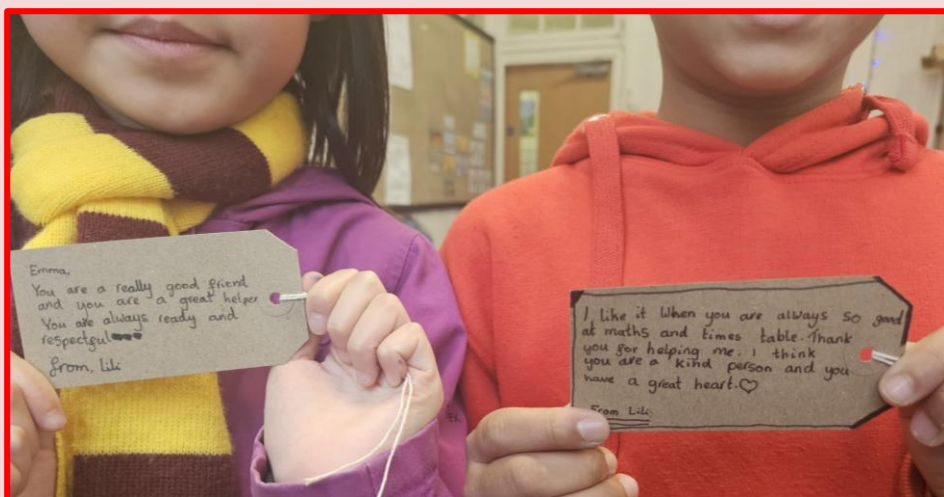
We are proud of who we are as individuals and as a community. We have high expectations of ourselves and others. We encourage, motivate and support each other to be the best we can be. We are proud of what we achieve. We value and celebrate each other's successes.

Take some time, as part of children's mental health week to ask your child what they did today/this week/this month that they are particularly proud of - our children have lots to celebrate!

Here are our reception children celebrating in assembly the Lunar New Year creations they made throughout the week – from giant dragons to elaborate dances. They have been amazing designers, dancers and artists this week.

The theme for this year's **children's mental health week** is 'my voice matters.' We have been exploring this in our assemblies, lessons and staff meetings.

We looked at our value of CARE: each child created a 'you matter too' luggage label message for another classmate. Some of the messages were incredibly thoughtful. The children were really proud of them and how they were received by classmates.



Dates for your diary...

Half term: Monday 12th - Friday 16th February **School re-starts:** Monday 19th February

Y4 parent partnership sessions: Tuesday 20th February 9am (in school), 4:45pm (online)

Y6 Residential trip to Gorsefield: Wednesday 21st to Friday 23rd February

Celebrating our first Malmesbury Maths Mission Gold awards....

Our first group of year 5 and 6 children have now completed their Gold one and two maths missions – 50 questions in 5 minutes. Here they are receiving their MMM goody bags and certificates in a celebration assembly: recognition for their hard work.



Our key stage two children are now all working their way through bronze, silver, gold and platinum challenges. Our aim is for every child to leave us in Y6 having completed the Gold Malmesbury Maths mission as this means they have the fluency needed to be great mathematicians.

Malmesbury Maths Mission

<ol style="list-style-type: none"> 1. $100 - 30 =$ ___ 2. $500 - 50 =$ ___ 3. $100 - 18 =$ ___ 4. $100 - 33 =$ ___ 5. $170 - 80 =$ ___ 6. $105 - 9 =$ ___ 7. $77 - 75 =$ ___ 8. $150 - 149 =$ ___ 9. $120 - 25 =$ ___ 10. $95 - 9 =$ ___ 11. $73 - 4 =$ ___ 12. $102 - 5 =$ ___ 13. $180 - 5 =$ ___ 14. $160 - 63 =$ ___ 15. $150 - 70 =$ ___ 16. $91 - 89 =$ ___ 17. $200 - 90 =$ ___ 18. $300 - 9 =$ ___ 19. $1000 - 55 =$ ___ 20. $1000 - 190 =$ ___ 	<ol style="list-style-type: none"> 1. $72 \div 9 =$ ___ 2. $81 \div 9 =$ ___ 3. $49 \div 7 =$ ___ 4. $120 \div 10 =$ ___ 5. $400 \div 4 =$ ___ 6. $420 \div 7 =$ ___ 7. $150 \div 5 =$ ___ 8. $360 \div 9 =$ ___ 9. $180 \div 3 =$ ___ 10. $480 \div 8 =$ ___ 11. $110 \div 11 =$ ___ 12. $108 \div 12 =$ ___ 13. $90 \div 30 =$ ___ 14. $240 \div 4 =$ ___ 15. $720 \div 8 =$ ___ 16. $1000 \div 10 =$ ___ 17. $480 \div 60 =$ ___ 18. $250 \div 50 =$ ___ 19. $100 \div 5 =$ ___ 20. $125 \div 5 =$ ___
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Gold 2

<ol style="list-style-type: none"> 1. Half of 242 = ___ 2. Half of 612 = ___ 3. Half of 700 = ___ 4. Half of 850 = ___ 5. $1/4$ of 500 = ___ 6. Half of 308 = ___ 7. $3/4$ of 1000 = ___ 8. Half of £15 = ___ 9. $1/4$ of 1 hour = ___ mins 10. $3/4$ of 1 hour = ___ mins 	<p>Name: _____</p> <p>Date: _____</p> <p>Time: _____</p> <p>Score: _____</p> <p>Teacher's comment: _____</p>
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Things to do over half term and beyond....

SWIM SCHOOL SHORT COURSES

York hall Leisure center
Monday 12th - Friday 16th February

Foundation- (4yrs+) 09:30-10:00am
10:00-10:30am
10:30-11:00am
11:00-11:30am

Visit better.org.uk/swimming-lessons
for more information

KARATE

SELF DEFENCE • CONFIDENCE • FITNESS • DISCIPLINE • TEAMWORK

FIRST LESSON FREE

MONDAYS

Child Beginner - 4.00 pm - 4.45 pm
Adult Beginner - 7.00 pm - 8.00 pm

Bow Methodist Church, 1 Merchant Street, Bow, E3 4LY

07903 222 331 londonwadoryukarate@gmail.com

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MY VOICE MATTERS

Place2Be's
**CHILDREN'S
MENTAL HEALTH
WEEK**

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, wherever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- 1** We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2** I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3** Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4** Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5** Don't compare my experiences to your own when you were a child.
- 6** Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7** Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8** If you are open with me about your feelings, this can help me to be more open about mine.
- 9** Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school – because they 'get it'.
- 10** Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

[For primary children: bit.ly/3PzCG18](https://bit.ly/3PzCG18)

[For secondary children: bit.ly/3L8D2wK](https://bit.ly/3L8D2wK)